

## **Fitness for Life 5K Run**

**7-Dec-07**

### **Results**

#### **Overall Fitness for Life Class Male Winner**

1 (2) Ben Foote 18:28.40

#### **Overall Fitness for Life Class Female Winner**

1 (29) Sarah Belesky 22:48.49

#### **Overall Open Division Male Winner**

1 (1) Scott Gammenthaler 18:24.38

#### **Overall Open Division Female Winner**

1 (8) Jessica Marlier 19:36.76

#### **Males Dr. Mayer 11:00 MW**

1 (46) Dean Boyer 25:24.61

2 (51) Nick Babin 27:05.30

3 (52) Keith Holland 27:18.12

4 (70) Serge Castlebury 30:08.59

5 (71) Michael Brandt 30:17.46

6 (82) Steven Doucoumes 32:07.26

7 (124) Neander de Olivera 41:25.57

8 (142) Phillip Sherwood 48:35.30

9 (143) Matthew Rumsey 49:25.70

#### **Females Dr. Mayer 11:00 MW**

1 (89) Suzanne Ocsai 33:24.17

2 (94) Christy Jensen 34:36.69

3 (95) Rike Gennell 34:54.98

4 (101) Megan Souza 37:05.89

5 (106) Frescania Taitague 38:36.11

6 (107) Ashley Llyeda 38:36.47

7 (116) Natalie Montaldi 40:29.70

8 (119) Bryana Kitchen 40:43.67

9 (147) Naoko Yonamine 55:38.63

10 (153) Kaline Valleray 56:19.25

11 (154) Holly Hargus 56:20.14

#### **Males Mrs. Roy MW 2:00**

1 (24) Jeff Richardson 22:20.17

2 (32) Jonathan Janevski 22:57.27

3 (37) Jared Twomley 24:29.43

4 (55) Jedediah Drumm 27:44.76

5 (73) John Shoemaker 30:34.23

- 6 (81) Giancarlo Perez 32:01.66
- 7 (83) A J Pastor 32:07.47
- 8 (113) Timothy McFeeters 39:47.16
- 9 (117) Byron Rivera 40:30.13
- 10 (133) Ryan Whitehead 43:56.82

**Females Mrs. Roy MW 2:00**

- 1 (74) Jen Fincher 30:35.29
- 2 (78) Christen Cool 31:22.28
- 3 (80) Jessika Ramirez 31:54.09
- 4 (109) Norshae Harding 38:46.12
- 5 (118) Liz Fischer 40:37.86
- 6 (134) Kayla Haugen 44:12.49
- 7 (137) Abigail Smith 46:40.82
- 8 (138) Gabriele Bourgeois 46:41.04
- 9 (145) Sergeline Fortune 51:02.35

**Males Mrs. Roy MW 3:00**

- 1 (21) Evan Taylor 21:51.38
- 2 (27) Eric Ramirez 22:47.47
- 3 (28) Josh James 22:48.04
- 4 (35) Paulo Tenorio 24:11.26
- 5 (36) David Graves 24:18.29
- 6 (60) Jonathan Aguas 28:22.58
- 7 (103) Stephen Jenks 37:12.55
- 8 (135) David White 45:23.19

**Females Mrs. Roy MW 3:00**

- 1 (91) Kate Shaw 33:29.85
- 2 (100) Jellique Stephens 37:03.40
- 3 (102) Elise Bjelica 37:12.14
- 4 (104) Megan Wilkinson 37:30.45
- 5 (126) Charleyne Hardin 42:21.68
- 6 (130) Kimberley Hutapea 43:44.26
- 7 (131) Princess Zambrano 43:44.55

**Males Dr. Mayer TTH 7:00**

- 1 (5) Doug Baasch 18:44.63
- 2 (9) John Howe 19:41.17
- 3 (12) Matthew Hartman 20:04.28
- 4 (17) Ben Smith 21:24.96
- 5 (40) Bradley Thames 24:49.90
- 6 (61) Andrew Eszler 28:24.19
- 7 (69) Alex Stele 30:04.90
- 8 (139) Zach McDonald 48:33.18
- 9 (152) Chad Pickeral 56:08.88

**Females Dr. Mayer TTH 7:00**

- 1 (53) Sarah Hayhoe 27:29.04
- 2 (62) Jackie Young 28:42.94
- 3 (67) Joselyn Benabe 29:40.50
- 4 (87) Laurel Guthrie 33:19.56
- 5 (88) Phoebe Eller 33:20.27
- 6 (114) Martina Houmann 39:57.72
- 7 (115) Da Hye Sung 40:20.65
- 8 (136) Julyann Pagen 45:30.49
- 9 (140) Chelsey Appel 48:33.93
- 10 (141) Danielle Niderost 48:34.20
- 11 (151) Juanita Garcia 56:08.43

**Males Dr. Mayer TTH 12:00**

- 1 (11) Kevin Attride 20:00.95
- 2 (19) Richard Jacobson 21:42.65
- 3 (56) Ariel Rosario 27:45.62
- 4 (58) Brendan Mattson 27:53.59
- 5 (65) Brandon Todd 29:27.12
- 6 (68) Tyler Kiley 30:01.06
- 7 (72) Gary Homidas 30:25.41
- 8 (92) Philip Sagedraca 33:30.77
- 9 (93) Elkino Mitchell 34:26.98
- 10 (105) Will Hughes 37:39.32
- 11 (111) Jonathan Bussey 39:43.85
- 12 (112) Joel Cilio 39:44.14

**Females Dr. Mayer TTH 12:00**

- 1 (38) Vanessa Cutz 24:37.08
- 2 (57) Brianne Johnson 27:46.74
- 3 (85) Wyntre Robinson 32:21.67
- 4 (108) Telesha Wilson 38:36.79
- 5 (110) Mya Slocumb 38:59.37
- 6 (120) Angela Johnson 40:45.07
- 7 (121) Jenna Schleenbaker 40:45.36
- 8 (123) Sahale Jensen 41:24.96
- 9 (125) Alicia Evans 42:21.35
- 10 (129) Jill Schaeffer 43:27.34
- 11 (144) Mary Cordes 51:01.99
- 12 (146) Mia Slocumb 55:16.29
- 13 (149) Jillian Haughton 55:44.34
- 14 (148) Rikee Ford 55:39.12
- 15 (155) Renee Weatherly 60:00.00

**Males Dr. Sloan T 5:00**

- 1 (3) Jared Williams 18:42.18

- 2 (14) Jon Tillay 20:50.95
- 3 (15) Jon Miller 20:58.82
- 4 (33) Ian Brooks 23:05.88
- 5 (43) Nelson Pichardo 25:10.19
- 6 (49) Justin Wilson 26:37.74
- 7 (64) Tim McHenry 29:21.19
- 8 (75) Joshua Huddleston 30:41.44
- 9 (79) Andrew Ionashku 31:42.21
- 10 (84) Arvin Tanag 32:08.14
- 11 (122) Hiroyoshi Kasahara 40:55.52

**Females Dr. Sloan T 5:00**

- 1 (66) Lori Sherbordy 29:31.39
- 2 (90) Elizabeth Hernandez 33:29.44
- 3 (97) Colleen Partain 36:29.62
- 4 (127) Amanda Chase 42:21.93
- 5 (132) Jessica Kisunzu 43:55.08
- 6 (150) Rashi Mason 55:45.08

**Males Open Division**

- 1 (4) Jeff Harper 18:43.86
- 2 (6) Robert Davis 18:44.76
- 3 (7) Andrew Whitlow 19:02.53
- 4 (10) Chris Clouzet 19:55.30
- 5 (13) Franklin Farrow 20:37.29
- 6 (16) Tim Gotshall 21:03.72
- 7 (18) Caleb Cain 21:42.23
- 8 (22) Heinz Wiegand 21:53.03
- 9 (25) Brett Martin 22:30.82
- 10 (26) Aaron Covrig 22:41.26
- 11 (30) Doneval Saih 22:49.76
- 12 (39) David George 24:41.58
- 13 (42) Scott Gammanthaler 25:03.47
- 14 (44) Jason 25:12.63
- 15 (45) Josh Rimmer 25:21.60
- 16 (47) Bo Reyas 26:14.63
- 17 (48) Malcolm Niggel 26:21.82
- 18 (77) Tyler Twomley 31:15.64
- 19 (86) Luke Miller 33:02.31
- 20 (98) Chris Bowles 36:49.36

**Females Open Division**

- 1 (25) Mindy Almeter 22:30.82
- 2 (50) Kirsten Wolcott 26:43.68
- 3 (59) No name on card 28:12.20
- 4 (63) Sasha Chedalavada 29:16.30
- 5 (76) Amanda Schilling 31:15.29

6 (99) Kristine Barker 36:49.83  
7 (128) Sara Bernal 43:24.19  
146 Jaimee Foote 37:37  
147 Cassi Sommerville 37:58  
149 Meggan Johnson 38:18  
152 JP Mathis 38:51  
153 Satora Johnson 39:13  
154 Sarah Jaaskelainen 39:21  
155 Joanne Fontanilla 39:35  
157 Jana Miles 39:38  
158 Natalia Mendez 40:15

**(81-90)**

159 Jasmeyry Liriano 40:16  
160 Brittany Netzel 40:19  
161 Julie Lander 40:20  
162 Michelle Wildman 40:20  
163 Esther Ortega 40:25  
164 Molly Huisman 40:26  
165 Jill linthwaite 41:23  
166 Jasmine Saxon 41:25  
167 Lorali Carbajel 41:29  
168 Autumn Davis 41:44

**(91-100)**

169 Michelle Carmona 41:45  
170 Marla Seasley 41:46  
171 Emily Mirghez 41:57  
172 Marianne Nafie 41:58  
175 Einiko Miyagi 43:37  
176 Lucile St. Martin 43:38  
177 Alexi Boddy 44:16  
178 Jessica Hudak 44:26  
179 Ann Larsen 44:27  
180 Shenise Paige 44:43

**(101-110)**

181 Hannah Morgan 44:43  
182 Melissa Miller 45:10  
183 Michell Armstead 45:47  
184 Abby Schuster 46:03  
185 Sarah Paris 46:04  
186 Christa Thompson 46:15  
187 Cristina Hernandez Persia 46:59  
188 Jane Mashburn 47:49  
189 Megan Lang 47:50  
190 Alexandra Knight 47:52

**(111-116)**

191 Ashley Jensen 47:53

192 Kayla Ramsey 47:55

193 Lauren Schmidt 49:20

194 Jaenla Fernandez 52:14

195 Anotte Gedeon 52:14

196 Jeannette Frick 52:15