

B.S. Health, Physical Education, Recreation

Leading to Licensure K-12

2025-2026 Sample Course Schedule- *This is a recommended schedule and may be altered as needed. Consult your adviser when making changes. See degree audit for Christian Service requirements.*

Summer

COMM 135	Comm. & Public Speaking	3
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1st Semester

ENGL 101	Critical Think in Ac Rdg & Wrtg I	3
HLNT 135	Nutrition.....	3
MATH 215	Statistics (IN-7).....	3
NOND 101	Southern Connections (IN-1)	1
PEAC 125	Fitness for Collegiate Life (P-1a)	1
PETH 217/214	ProAct Courses (2 per semester)	2
RELB 125	Life and Teachings of Jesus (R-1).....	3
		16

3rd Semester

BIOL 101	Anatomy & Physiology I (IN-7)	4
HLED 173	Health for Life.....	2
PETH 114/219	ProAct Courses (2 per semester)	2
PSYC 128	Developmental Psychology (IN-8).....	3
RECR 268	Officiating Sports Analysis.....	2
RELT 138	Adventist Heritage (R-2).....	3
		16

5th Semester

ADAC 212	Backpacking	1
CPTC 100	Computer Concepts.....	1
EDUC 317	Teaching with Technology.....	2
EDUC 419	Phil & Ldr Christian Education (SERV2)(W).....	3
PETH 314	Biomechanics.....	3
PETH 463	Elementary School PE Methods.....	2
	Any ADAC except 200 or 212 (P-1b).....	1
	Aesthetic Analysis (IN-10).....	3
		16

7th Semester

ADTH 350	Adventure Activity Curriculum App.....	2
EDUC 345	Learning Theory & Classroom Mgmt.....	2
EDUC 346	Field Exp. In Secondary Education.....	1
PETH 438	Adaptive PE & Therapeutic Rec.....	3
PEAC 425	Fit for Hire (P-1c)	1
PETH 475	Psychosocio Aspects of Sports Coaching (W).....	3
	U.D. Religion (R-4).....	3
		15

2nd Semester

ADAC 200	Gym Climbing (P-1b).....	1
EDUC 139	Intro/Found of Education.....	3
EDUC 150	Prof. Standards for Educators	0
ENGL 102	Critical Think in Ac Rdg & Wrtg II	3
PETH 216/119	ProAct Courses (2 per semester)	2
	Any ADAC except 200 or 212 (P-1b).....	1
	Historical Perspectives (IN-6).....	3
	Stewardship, Business & Economics (IN-9).....	3
		16

4th Semester

BIOL 102	Anatomy & Physiology II (IN-7).....	4
EDUC 201	Teacher Education Candidacy	NC
HLED 373	Prevention & Care of Athletic Injuries.....	2
PETH 117/116	ProAct Courses (2 per semester)	2
PETH 375	Motor Learning and Development.....	3
RELT 255	Christian Beliefs (R-2).....	3
RECR 269	Officiating Sports Analysis.....	2
		16

6th Semester

HLED 473	Health Education Methods	2
EDUC 252	Praxis Prep - Secondary	0
EDUC 434	Reading and Writing in the Content Areas.....	2
PETH 315	Physiology of Exercise (W).....	4
PETH 362	Admin of Hlth, PE & Rec Ther. (W)	3
PETH 363	Tests & Measurements & Res of Health/PE	3
PETH 441	Secondary PE Methods	2
		16

Take the PRAXIS II exams by the end of 6th semester.

8th Semester[^]

EDUC 480	Student Teaching and Teaching Seminar.....	12
		12

TOTAL HOURS 126

[^]Verification that you have passed the PRAXIS II exams must be on record before you can do student teaching.