

B.S. Kinesiology

2024-2025 Sample Course Schedule- *This is a recommended schedule and may be altered as needed. Consult your adviser when making changes. See degree audit for Christian Service requirements.*

Summer

..... COMM 135 Comm. & Public Speaking 3

1st Semester

..... ENGL 101 Critical Thinking in Ac Rdg & Wrtg I 3
 HLED 173 Health for Life..... 2
 NOND 101 Southern Connections 1
 PEAC 125 Fitness for Collegiate Life 1
 PETH 214/217 ProAct Courses..... 2
 RELB 125 or RELT 177 (R-1)..... 3
12

2nd Semester

..... CPTE 100 Computer Concepts 1
 ENGL 102 Critical Thinking in Ac Rdg & Wrtg II 3
 MATH 215 Statistics 3
 PETH 119/216 ProAct Courses 2
 Historical Perspectives (IN-6)..... 3
 HLNT 135 Nutrition (Recommended)..... 3
 Elective 1
16

3rd Semester

..... BIOL 101 Anatomy & Physiology I (IN-7)..... 4
 RECR 268 Officiating Sports Analysis I (Elective) 2
 PETH 114/219 ProAct Courses 2
 Physical Activity (1b) 1
 Elective..... 7
16

4th Semester

..... BIOL 102 Anatomy & Physiology II (IN-7)..... 4
 PETH 116/117 ProAct Courses 2
 RECR 269 Officiating Sports Analysis II (Elective) 2
 RELT 138, 225 or 255 (R-2)..... 3
 Physical Activity (1b) 1
 PETH 326 Personal Trainer..... 3
15

5th Semester

..... PETH 314 Biomechanics..... 3
 HLED 373 Prevention & Care of Athletic Injuries..... 2
 PSYC 128 Developmental Psychology (IN-8)..... 3
 Biblical Studies (R-3)..... 3
 Elective..... 5
16

6th Semester

..... PETH 315 Physiology of Exercise (W)..... 4
 PETH 363 Test & Meas in Hlth & Kinesiology..... 3
 HLED 473 Stewardship, Business & Economics (IN-9)..... 3
 ADTH 350 (U.D. Elective) Health Ed Methods..... 2
 (U.D. Elective) Adv. Activity Curr. App..... 2
 Elective..... 2
16

7th Semester

..... PEAC 425 Fit for Hire 1
 PETH 475 Psychosocio Aspects of Sports Coaching (W)..... 3
 U.D. Aethetic Analysis (IN-10) (W)..... 3
 U.D. Elective..... 5
 Elective..... 3
15

8th Semester

..... PETH 375 Motor Learning and Development..... 3
 PETH 364 Prin. & Admin of Health, PE&Rec (W) (SERV-2) 3
 U.D. Religion (R-4)..... 3
 Elective..... 6
15

Total Hours 124