

## B.S. Kinesiology

**2026-2027 Sample Course Schedule-** *This is a recommended schedule and may be altered as needed. Consult your adviser when making changes. See degree audit for Christian Service requirements.*

### Summer

..... COMM 135      Comm. & Public Speaking ..... 3

### 1st Semester

..... ENGL 101      Critical Thinking in Ac Rdg & Wrtg I ..... 3  
 ..... HLED 173      Health for Life..... 2  
 ..... NOND 101      Southern Connections ..... 1  
 ..... PEAC 125      Fitness for Collegiate Life ..... 1  
 ..... PETH 214/217      ProAct Courses..... 2  
 ..... RELB 125 or RELT 177 (R-1)..... 3  
12

### 2nd Semester

..... CPTe 100      Computer Concepts ..... 1  
 ..... ENGL 102      Critical Thinking in Ac Rdg & Wrtg II ..... 3  
 ..... MATH 215      Statistics ..... 3  
 ..... PETH 119/216      ProAct Courses ..... 2  
 ..... HLNT 135      Historical Perspectives (IN-6)..... 3  
 ..... Nutrition (Recommended)..... 3  
 ..... Elective ..... 1  
16

### 3rd Semester

..... BIOL 101      Anatomy & Physiology I (IN-7)..... 4  
 ..... RECR 268      Officiating Sports Analysis I (Elective) ..... 2  
 ..... PETH 114/219      ProAct Courses ..... 2  
 ..... Physical Activity (1b) ..... 1  
 ..... Elective..... 7  
16

### 4th Semester

..... BIOL 102      Anatomy & Physiology II (IN-7)..... 4  
 ..... PETH 116/117      ProAct Courses ..... 2  
 ..... RECR 269      Officiating Sports Analysis II (Elective) ..... 2  
 ..... RELT 138, 225 or 255 (R-2)..... 3  
 ..... Physical Activity (1b) ..... 1  
 ..... PETH 326      Personal Trainer..... 3  
15

### 5th Semester

..... PETH 314      Biomechanics..... 3  
 ..... HLED 373      Prevention & Care of Athletic Injuries..... 2  
 ..... PSYC 128      Developmental Psychology (IN-8)..... 3  
 ..... Biblical Studies (R-3)..... 3  
 ..... Elective..... 5  
16

### 6th Semester

..... PETH 315      Physiology of Exercise (W)..... 4  
 ..... PETH 363      Test & Meas in Hlth & Kinesiology..... 3  
 ..... HLED 473      Stewardship, Business & Economics (IN-9)..... 3  
 ..... ADTH 350      (U.D. Elective) Health Ed Methods..... 2  
 ..... (U.D. Elective) Adv. Activity Curr. App..... 2  
 ..... Elective..... 2  
16

### 7th Semester

..... PEAC 425      Fit for Hire ..... 1  
 ..... PETH 475      Psychosocio Aspects of Sports Coaching (W)..... 3  
 ..... U.D. Aethetic Analysis (IN-10) (W)..... 3  
 ..... U.D. Elective..... 5  
 ..... Elective..... 3  
15

### 8th Semester

..... PETH 375      Motor Learning and Development..... 3  
 ..... PETH 364      Prin. & Admin of Health, PE&Rec (W) (SERV-2) 3  
 ..... U.D. Religion (R-4)..... 3  
 ..... Elective..... 6  
15

**Total Hours      124**