

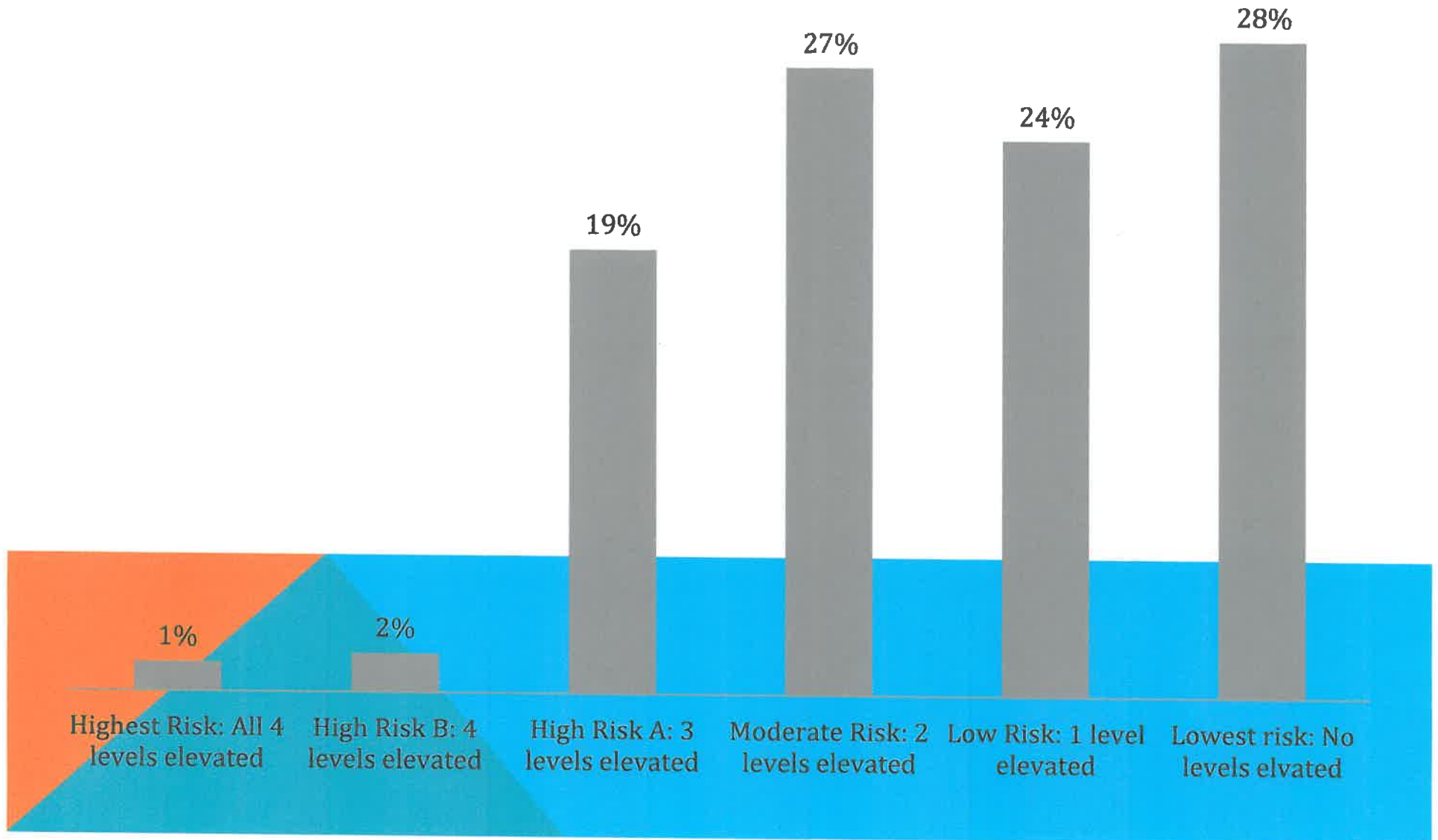


SOUTHERN UNIVERSITY AGGREGATE

487 INDIVIDUAL STATISTICS FOR EMPLOYEES
AND THEIR SPOUSES

AUGUST 21ST & SEPTEMBER 4TH 2013

Risk Assessment, 487 Individuals



HIGHEST RISK: 1%

ALL 4 LEVELS ELEVATED

- BMI: 35 OR HIGHER
- CHOLESTEROL: 240 OR HIGHER, OR RATIO GREATER THAN 5.5
- BLOOD PRESSURE: 140/90 AND HIGHER
- BLOOD GLUCOSE: GREATER THAN 125, WITH A1C GREATER THAN 7

HIGH RISK: 2% (4 LEVELS) & 19% (3 LEVELS)

EITHER 3 OR ALL 4 LEVELS ELEVATED BY

- **BMI: 30 - 35%**
- **CHOLESTEROL: 200 - 240, OR RATIO GREATER THAN 5**
- **BLOOD PRESSURE: 120/80 NORMAL UP TO 139/89 PREHYPERTENSION**
- **BLOOD GLUCOSE: BETWEEN 100 - 125, WITH A1C GREATER THAN 5.7 UP TO 6.4%**

MODERATE RISK: 27%

ONLY 2 LEVELS ELEVATED

- . **BMI GREATER THAN 25%**
- . **CHOLESTEROL: ANY LEVEL OUT OF NORMAL, INCLUDING LOWER HDL LEVELS**
- . **BLOOD PRESSURE: ANY PRESSURE ABOVE 120/80**
- . **BLOOD GLUCOSE: ANY LEVEL ABOVE 100, WITH A1C GREATER THAN 5.7 UP TO 6.4%**

LOW RISK: 24%

ONLY 1 LEVEL ELEVATED

- . BMI GREATER THAN 25%
- . CHOLESTEROL: ANY LEVEL OUT OF NORMAL, INCLUDING LOWER HDL LEVELS
- . BLOOD PRESSURE: ANY PRESSURE ABOVE 120/80
- . BLOOD GLUCOSE: ANY LEVEL ABOVE 100, WITH A1C GREATER THAN 5.7 UP TO 6.4%

LOWEST LOW RISK: 28%

NO LEVELS ELEVATED

- . BMI GREATER THAN 25%
- . CHOLESTEROL: ANY LEVEL OUT OF NORMAL, INCLUDING LOWER HDL LEVELS
- . BLOOD PRESSURE: ANY PRESSURE ABOVE 120/80
- . BLOOD GLUCOSE: ANY LEVEL ABOVE 100, WITH A1C GREATER THAN 5.7 UP TO 6.4%