

Points Redemption Process

Step 1: Log in to the HealthSCOPE Benefits Member Portal.

The link to the portal can be reached on the **Adventist Risk Management** website.

SERVICE PROVIDERS



HEALTHSCOPE: MEMBER SERVICES

HealthScope provides claims processing for all member health services including medical, dental and vision.

Claims Mailing Address: P.O. Box 16203 Lubbock, TX 79490-6203

Click here for member login.



Step 2: Once logged in, navigate to the REWARDS GIFT CARD ORDERS link on the Resources menu on the right-hand side of the screen. You will be redirected to a web form where you can complete your order.





Preventive Services are offered at no cost to the member. Stay healthy by participating in the following wellness activities:

- · Routine Well Care for Adults
- · Routine Well Care for Children
- Flu Shot
- Mammogram
- Colonoscopy



Note: Use Resources on the right to view and manage your information. These Resources will open in a secondary tab or window when selected. National Women's Health Week is an observance led by the U.S. Department of Health and Human Services Office on Women's Health. The goal is to empower women to make their health a priority. The week also serves as a time to encourage women to take steps to improve their health. The 18th annual National Women's Health Week kicks off on Mother's Day, May 14, and is celebrated through May 20, 2017.

- . What steps can you, as a woman, take for better health?
- To improve your physical and mental health, you can:
- Visit a doctor or nurse for a well-woman visit (checkup) and preventive screenings.
- Get active.
- Eat healthy
- Pay attention to mental health, including getting enough sleep and managing stress.
- Avoid unhealthy behaviors, such as smoking, texting while driving, and not wearing a seatbelt or bicycle helmet.

Get the conversation started at your next well-woman visit. A well-woman visit is a yearly preventive checkup with your doctor. It's a time to check in on how you're doing, how you'd like to be doing, and what changes you can make to reach your health goals. In addition to talking with your doctor or nurse about your health, you may also need certain vaccines (shots) and medical tests.

A yearly well-woman visit won't cost you anything extra if you already have health insurance. Most private health plans cover certain preventive care benefits, including a yearly well-woman visit, without charging a copay, coinsurance, or making you meet your deductible. If you don't have insurance, you can still see a doctor or nurse for free or low-cost at a health center near you.



Resources

Below are helpful resources for you.

- Claims and Eligibility
- Order ID Card
- AETNA
- Express Scripts
- AHH Maternity
- Helpful Health Information
- Benefit Summary
- Summary Plan Information
- Glossary of Medical
- EAP (Employee Assistance Program)
- Healthy for Life Rewards
- REWARDS GIFT CARD ORDERS

Have Questions?

Step 3: Fill in all the *Required fields of the Order Form.

If you already know which vendor you would like gift cards for, enter the appropriate dollar amounts in the **Amount** \$ field. Ensure that the amounts you are requesting are available from the vendor. For example, if you want a \$50 gift card from Olive Garden but they only offer gift cards in \$25 increments, you would request two \$25 gift cards instead of one \$50 gift card.

If you do not know which vendor you would like gift cards for, you can review the Amazon Gift Card Gallery.

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Adventist Risk Management NAD Rewards Program	
Order Form	
NOTE: Only complete the dependent fields if the order is for the dependent's point value otherwise, leave those fields blank.	
Date of Request*:	*Required
Employee First Name*:	Employee Last Name*:
Alt. ID# (AXXXXXX)*:	Employee Date of Birth (xx/xx/xxxx)*:
If a dependent, then Dependent First Name:	Dependent Last Name:
Dependent Date of Birth:	
Dependent Date of Birth:	
	_
Participant's Mailing Address*:	City*:
State*:	Zip*:
Select One: ▼	
Phone Number:	
Thore rumber.	
Alternate Phone Number(s):	Email Address*:
From which years' points are you requesting gift card?" Select One: ▼ Note: 2016 points expire 06/30/2017	
2017 points expire 01/31/2018	
Please review www.Amazon.com gift cards to find which are available and what increments they allow. Use one	
form for each family member.	
Requested Order (Gift Card Vendor):	
	Amount S:
	Amount \$:
	Amount \$:
William 5 O'M and he constable O' Calest Const.	
Will an E-Gift card be acceptable?*: Select One: ▼	
SUBMIT	