

Southern Factor

January 2014

CONNECTING WITH EACH OTHER

Lifestyle Medicine Conference to Highlight Plant-based Diet

Southern Adventist University's School of Nursing is hosting the Lifestyle Medicine Conference February 3-4, 2014. Renowned scholar T. Colin Campbell (*The China Study*) and best-selling author and health activist Rip Esselstyn (*Engine 2 Diet*) are keynote speakers for the event. Both were featured in *Forks Over Knives*, a popular documentary released in 2011 that helped bring discussions about plant-based diets further into the mainstream.

Southern is the only university in North America to have a lifestyle medicine program at the doctoral level. This puts the School of Nursing in a unique position to offer its students—who are the primary audience for this conference, even though the public is invited—a world-class presentation by leading authorities on how diet directly relates to health.

But it's not just the celebrity speakers who will be doing the sharing. Students from both the School of Nursing and the School of Physical Education, Health and Wellness, which is also a



"Engine 2 Diet" author Rip Esselstyn is a keynote presenter for Southern's Lifestyle Medicine Conference February 3-4.

sponsor for the conference, will showcase for the public various ways they have been encouraging positive lifestyle changes on campus at Southern.

HELP PROMOTE EVENT

Faculty and staff are encouraged to attend and asked to help make sure students in all disciplines know of this

important opportunity. The public is invited to keynote presentations on February 3 at 7 p.m. (Cigna Healthcare Company) and February 4 at 7:30 p.m. (Iles P.E. Center). Additional lectures are also open to the public, but require an RSVP due to space limitations. Visit southern.edu/lifestyleconference for complete schedule and other details.

Employee Service Awards Presented at Christmas Brunch

On December 8 at the Employee Christmas Brunch, Ben Wygal, assistant to the president, presented the President's Award for Customer Service Excellence and the President's Award for Community Service Excellence. The

first award was given to Pam Dietrich, administrative assistant in Student Services, and the second was given to Autumn Wurstle, assistant professor in the English Department. The following are excerpts from remarks Wygal made during the presentations:

"Dietrich displays the ability, when necessary, to say 'no' with a 'yes' attitude, and goes the extra mile in service when dealing with people. Her attitude

is what helps to set us apart from other colleges and demonstrates the warmth and hospitality for which Southern is so well known."

"Wurstle is an outstanding role model for how to serve with your whole heart and soul. This award goes to an employee who made a true difference outside the traditional university and Seventh-day Adventist settings, working in the community."

DEPARTMENT NEWS

Employees from **Marketing and University Relations**, **Institutional Research**, and **Information Systems** volunteered at the Chattanooga Area Food Bank for half a day on December 3 in lieu of a traditional Christmas party. The event built camaraderie and provided a sobering opportunity to appreciate the everyday blessings of having ‘enough.’



Gregory Wilson, the new SALT outreach coordinator, recently finished conducting an evangelistic series in East Ridge that resulted in 12 baptisms with 10 more planned. SALT had 18 students in the program this fall!

PROFESSIONAL DEVELOPMENT

Blake Laing presented a talk, titled “Above-threshold Ionization as Temporal Multi-slit Interference,” for the 80th Annual Meeting of the Southeastern Section of the American Physical Society on November 21.

Renee Drumm, **Tara Hargrove**, **Robert Coombs**, **Linda Crumley**, **Laurie Cooper**, and **Tricia Foster** co-authored an article published in *Residential Treatment For Children & Youth* titled, “‘You Leave in a Body Bag or Leave on the Points System’: Participant Perceptions of a Points and Levels System of Behavior Management.”

Tara Hargrove co-authored an article published in *Intercultural Communication Studies*, titled “Identity Dialectics of the Intercultural Communication Instructor: Insights from Collaborative Autoethnography.”

Michael Hasel was elected as a board of trustees member for the American Schools of Oriental Research, the leading international professional society for Near Eastern studies, archaeology, languages, and literature. The election took place at their annual meetings in Baltimore, Maryland, on November 22. Hasel also co-published an article in the November-December issue of *Biblical Archaeology Review* with **Martin Klingbeil** and Yosef Garfinkel.

HATS OFF!

Landscape Services would like to thank the **Service Department** and **Sherri Schnoord** for the wonderful job they did for **Steve Cash's** retirement reception.

SAVE THE DATE

January 21 BRIDGE Luncheon
January 22 Lights Volunteer Lunch
January 23 WSMC “From the Top”

BIRTHDAYS

January 1 **Victoria Eaton**, Education and Psych.
Daniel Maxwell, McKee Library
John Muaya, Service Department
January 2 **Mike Fisher**, Plant Services
Carlos Martin, Religion
January 3 **Jennifer Huck**, McKee Library
January 5 **Leon Bowers**, Food Services
Doug Donohue, Plant Services
Clarise Nixon, English
Rick Norskov, Biology
January 6 **Aaron Corbit**, Biology
January 7 **Susan Brown**, Religion
January 8 **Lauren Brooks**, Enrollment Services
Laurie Gauthier, Graduate Studies
Judy Robertson, Information Systems
Robert Gadd, Business
Dusty Miller, Talge Hall
January 10 **Connie Cash**, Nursing
Brooks Kirschmann, Campus Safety
Fred McClanahan, Enrollment Services
January 12 **Kris Erskine**, History and Political Science
January 13 **Dennis Negron**, English
January 14 **Angi Howell**, Enrollment Services
January 15 **Volker Henning**, Academic Administration
January 16 **Sue Kaufman**, Advancement
Julie Penner, Music
January 17 **Bernetta Shockley**, Food Services
January 18 **Daniel Isaac**, Food Services
January 19 **Ann Foster**, Biology
Dan Turkenkopf, Food Services
January 20 **Katie McGrath**, McKee Library
Stephanie Sheehan, Business
John Thompson, Transportation Services
Becky Whetmore, McKee Library
January 21 **Josh Bennett**, Technology
Martin Klingbeil, Religion
January 22 **Joelle Wolf**, Nursing
January 23 **Don Crumley**, Records and Advisement
January 25 **Robert Ordonez**, Computing
Anne Underwood, Univ. Health Center
Candace Wing, University Health Center
Yolande Burrus, Music
January 26 **Hollie O'Brien**, Inst. Research
January 27 **Doug Tilstra**, Education and Psych.
January 31 **Eli Courey**, Information Systems