



Panorama

Southern Adventist University's [Parent Newsletter](#) | February 2007



Gadgets for Guidance

“I will instruct you and teach you in the way you should go; I will counsel you and watch over you.”

Psalm 32:8 (NIV)

Flying home from a business meeting in the late 1990s, Ray Carson, now assistant professor of technology at Southern, prepared to land. As he neared the small, uncontrolled airport in his then hometown of Show Low, Arizona, Carson radioed his location and flight path for the benefit of any nearby aircraft.

Just then, the voice of another pilot came clearly over the radio saying he was in the Show Low area but didn't know exactly where.

Carson first gave directions to a highway from what the pilot said looked like a factory. When the pilot couldn't find the highway, Carson told him about the VOR system which, if used, could pinpoint his location. For whatever reason, the pilot failed to use VOR successfully and again asked for help. Carson then recommended that the pilot call flight service, but with no landmarks and no control tower, Carson could offer the lost pilot little more than sympathy.

“You mean you don't know where I am?” the pilot wailed in disbelief.

Now, there are several devices that pilots use to navigate the skies. A

magnetic compass, a gyro compass, the VOR system, the Global Positioning System, and charts can keep them on track and aware of their location at any given time.

If the pilot had simply availed himself of his navigational tools, he could have easily found his way, but for some reason he did not use them.

Sometimes students feel that they have no direction in life. They don't know what major they should take, what their talents are, or what path will make them happy. So they float along aimlessly, or rush about frantically, never tapping in to the amazing resources at their fingertips.

God has provided His people with even better “navigational devices” than pilots use today—prayer, the Holy Spirit, prophecy, the Bible, and Christian parents, professors, and counselors, to name just a few.

Each student has access to these tools and must use them for himself or herself. The tools cannot pilot a student's life any more than Ray Carson could go up into that airplane and fly home for the lost pilot. But if students will make use of their navigational gadgets, God will always guide them over any landscape and through any turbulence they might encounter.

~Rebekah Bissell, editor

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Southern Cares for Students

Dear parents,

Here's a question for the new year: are we as parents, professors, and administrators directing our students' thoughts toward God at every opportunity?

Psalm 78:4 gives us an example to follow. The writer says, "We must ... tell a future generation the praises of the Lord, His might, and the wonderful works He has performed." (HCSB)

This spring, I challenge you to make Psalm 78:4 your New Year's resolution.

Bring Jesus into your conversations. Remind students how real, mighty, and loving He is, and share with them stories of how He has worked in your life.

It is vital that we lovingly hold God up before our students so they can see Him. Ask in prayer for opportunities, and He will open your eyes to a myriad of ways to show His praises to the generation to come.

God Bless,

Gordon Bietz

Southern's Student Intervention Team is a type of "early alert" system designed to reach out to students who appear to be struggling in college.

If a student misses several classes in a row, is failing tests, has trouble with assignments, feels severely homesick, or appears in any way to be "at risk" of not succeeding, faculty can submit the student's name for attention.

The team then considers that student's history and situation and creates a plan of action for meeting his or her needs.

One team member calls the student and his or her advisor and sets up a strategy for assistance. Students in the residence halls may also receive a visit from their student mentor or a dean.

"We contact the students and offer them advice and support, and we ultimately try to help that student be self-motivated to help themselves," says former team leader Liane de Souza. "Some students just don't realize all the ways they can find help at Southern—through tutoring, counseling, or advising."

The team meets once per week during the academic year, carefully considers each name brought to the meetings, and keeps matters strictly confidential within the group.

"As a Christian institution, we care about each student, and it's the least we can do to reach out," says Vinita Sauder, team member and vice president for Marketing and Enrollment Services.

The team is led by members of the Student Success Center. Participants include a chaplain, a counselor, several staffers from the Learning Success Services office, a men's dean, a women's dean, a vice president, a faculty member, the advising coordinator, the associate vice president for academics, and two representatives from Enrollment Services.



Members of the Student Intervention Team, from back left to right: John Sager, Octavio Ramirez, Stanley Stevenson, Fred McClanahan, Volker Henning, Vanessa Kepper, and Januwoina Nixon, chair. Not pictured: Bill Wohlers, Kassy Krause, Kevin Kibble, Midge Phibbs, Sharon Rogers, and Vinita Sauder.

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Did You Know?

Remember Parents Weekend

Remember to attend Parents Weekend, Feb. 16-18, 2007, a special event created just for you, Southern's parents. The event will feature vespers with Jose Rojas, director of Youth and Young Adult Ministries and the Adventist Youth Service Network (YouthNet) for the North American Division of Seventh-day Adventists. Sabbath activities include an Evensong performance by Southern's Choral Ensembles at 6 p.m. in the Collegedale Church and a Pops Concert at 8 p.m. in Ackerman Auditorium. Sunday begins with the Parents Brunch in the Dining Hall at 10 a.m. and closes with Southern Adventist University's Symphony Orchestra Concerto Concert at 7:30 p.m. in the Collegedale Church.

The Freshman 15 Phenomenon

The "Freshman 15," a phenomenon involving weight gain or loss during the first year of college, can be avoided through an effort to eat healthfully and be more active.

"My weight fluctuated, but I learned to go to meals regularly to keep from getting sick," says one sophomore social work major.

One way parents can help is to encourage students to get involved: playing intramural sports is a great way to have fun, make friends, and be active. Another way to support college students is to be sensitive in conversation.

"Don't talk about it [weight gain or loss] like it's the end of the world or make it the constant focus of your conversation," says one junior business major.

~Katherine Brownlow, senior journalism major from Florida

Job Resources for Students

The most important thing for job seekers to know is their class schedule: potential employers will need it.

Bulletin boards in Wright Hall announce some job openings, but a student's best bet is to get out and talk to departments that interest them. Also, hr.southern.edu/jobs lists jobs for the school year.

During the summer, some students choose to work at camp and are often blessed by the experience.

"It's amazing to see kids give their lives to Jesus," says Amanda Tortal, a junior liberal arts education major from Florida who has worked at Camp Kulaqua for three summers.

~Katherine Brownlow, senior journalism major from Florida

Books for Browsing:

Messages to Young People by Ellen G. White; *Parenting 20-Something Kids* by Martha Pope Gorris; *Let the Journey Begin: A Parent's Monthly Guide to the College Experience* by MacKay and Ingram





The Gallimore ladies, from left: Trisha Ellison, Chare, Mairi (Trisha's daughter), and Rachelle

No Dating Till You're 35

As my children grew up, their wonder, innocence, and freshness of spirit was so compelling I wanted to capture it—forever “owning” a powerful taste of heaven. My daughters and I are intimately and powerfully linked together; God chose me to watch and guard their most rapid cinematic evolution.

Their dramatic morphing from babyhood to adulthood—from princesses to strong, committed women—is something only my memories can hold.

Just days before Trisha, my older daughter, left for college, we talked about her academic future. During the course of this conversation, I playfully extracted from her a written contract that firmly cleared her path for academic success: no dating until age 35.

Thankfully God chose a different path for her, but this silly document symbolized to me her passing from the room next to mine to a more distant path lighted by His Spirit.

I am keenly aware that in the same way God used me to fulfill His plan when I helped my children take their first steps, He now expects even greater parental care from me as I “let go” and support their transition to autonomy.

For me to be their support, I need to remain emotionally and spiritually close to them. I can do this only through supportive communication. I am now their teacher, not their judge; their guide, not their boss. I remind them that we are a family, and “in it for the long run!” Hebrews 3:13 says it this way: “But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin’s deceitfulness.” (NIV)

I am so thankful that Southern surrounds the students committed to their charge with divine fortitude. I know that with their roots deeply supported by Scripture, God will give them wings to fly.

~Chare Gallimore, mother of Rachelle (a Southern Adventist University graduate) and Trisha

“I am now their teacher, not their judge; their guide, not their boss.”

Repeat as Needed

Jennifer, my youngest daughter, talked about being a student missionary for a couple years, but we never expected that she would actually do it.

We should have known better.

She put in her application and got accepted to go to Palawan, Philippines, in the fall of 2001. She was to be gone from September to the following May. She raised the money, went through the training necessary, and soon was off.

Shortly after she arrived in Manila, the capital of the Philippines, the tragedies of September 11 happened and the students were unable to go to their station. They had to wait in Manila for a few weeks until things settled down and travel was “safe” again.

As I look back on that time, I don’t think I ever really cried or was stressed out of my mind over the state of affairs in the world and the fact that my child was so far from home.

The Bible text that came to mean a lot to me was Philippians 4:6, which says, “Don’t worry about anything, but in everything, through prayer and petition with thanksgiving, let your requests be made known to God.” (HCSB)

Whenever I felt anxious, I repeated this text.

If your child has the opportunity to serve Jesus anywhere in the world, especially if that place in the world is dangerous, look for a text that suits your need. And remember, repeat it often.

~Brenda DeGrave, mother of Jennifer, former Southern student

Favorite Bible Text

“I instruct you in the way of wisdom and lead you along straight paths. When you walk, your steps will not be hampered; when you run, you will not stumble.”

Proverbs 4:11,12 (TNIV)

~Heidi Coupland, senior graphic design major from Oregon



MARK PEACH: A MIRTHFUL PUNDIT



The class giggles as history professor Mark Peach begins a lecture on the European Renaissance.

“Now I’m not a scientist, nor do I play one on TV, but I do know a thing or two about the scientific method in Europe.” Peach uses humor and stories to keep students’ attention during history lectures. He says that while students enjoy the humor, he doesn’t ever substitute it for useful lecture content. Instead, he believes it is good to use both.

Peach began his teaching career at Southern in 1987, and he enjoys working with students and working with his colleagues. He likes talking to people about cultures, customs, values, and ideals in the world. In the 1996-97 academic year, Peach received a Fulbright Fellowship, which permitted him to conduct research in Berlin, Germany. He anticipates the possibility of continuing research on German and modern architects.

Born and raised in Walla Walla, Washington, Peach earned his bachelor of arts degree in history from Walla Walla College in 1980. He went on to get a masters degree in diplomatic history at Washington State in 1982, then a Ph.D. from the University of Chicago in European intellectual history in 1992. Peach teaches Ancient Mediterranean World, Classics of Western Thought I & II, Historiography, Arts and Ideas, Western Architecture, 19th-Century Europe, and World Civilizations. Peach has a son, Connor, who is 8.

~Erika Gemmell, junior communication major from Maryland

Double Vision: Twin Brothers Lead Southern’s Students

Michael and Matt Hermann work together well. And it’s a good thing, since they are twin brothers sharing Student Association (SA) responsibilities as president and vice-president, respectively.

“I think they do an amazing job,” says Veronyka Perez, sophomore education major from Florida. “They are friendly with everyone, and they allow for others’ opinions—that’s what makes them great leaders.”

Both Michael and Matt were active members of SA Senate their freshman years. Their vision for Southern includes an Honor Code and more scholarships based on merit, and they are working on other ideas with university administration. One of their projects, an off-campus endeavor, included starting a bilingual Cub Scout troop in Chattanooga in the fall semester of 2005.

“When you leave the Boy Scouts as an Eagle Scout, you swear to continue scouting,” says Michael. “You make sure that it’s not the end of the road.”

The Hermann brothers are not just serious leaders; they



Matt and Michael Hermann

also enjoy having fun with their friends.

“We play a lot of pranks,” says Matt. “The other day, we filled a friend’s apartment with refrigerator boxes—it was really funny.”

The Hermann brothers grew up in Roanoke, Virginia, and graduated from Patrick Henry High School in 2005. Michael is a history and pre-medicine major, and Matt is a business and biochemistry major.

~Natalia Lopez-Thismon, junior mass communication major from Florida



From left: Pre-Med Club members Thomson Paris, Beril Abraham, Joyce Azevedo, Ph. D., Ellen Kim, Eun-Ji Bang, Rajeev Samuel, Charity Penaloza, and Arthur

Southern's Pre-Med Club

club stayed active, exciting, and a strong force for good. Now that membership has grown to more than 70, it is a bigger challenge than ever.

The club has sponsored or participated in a variety of activities this year. Club members organized the Thanksgiving Potluck Party and Overnight Camping trip to promote unity and fellowship among members. The clothes drive generated 10 boxes of donations, which the club gave to the Samaritan

More activities. That was the number one request that Arthur Chung, senior biology and pre-med major from California, heard when he was recruiting for the Pre-Med Club. As president of the club, Chung vowed to see that the

Center. Other community outreach projects include taking part in the Chattanooga Christmas Parade.

The goals for the club go far beyond a secular knowledge of medicine.

"We are the future doctors," says Ellen Kim, senior psychobiology major from Korea and vice president of the club. "It is important that we glorify God through our studies."

Upcoming events reflect this focus. In collaboration with other clubs on campus, the Pre-Med Club will host a Health Expo. One major focus of the Expo will be evangelism. On Doctors Night, pre-med students will get a chance meet doctors in the area, ask questions, and get an idea of what it is like being a Christian doctor in today's world.

"Medicine is the work of Jesus' healing ministry," says Chung. "We want to use the knowledge we have to reach out to others."

~Michael Brannaka, sophomore management major from Florida

Southern's Bible Work Club

Bible study of five to eight people. At the end of the semester, Andrew was baptized into the Seventh-day Adventist Church.

Marianela's story is one of many found in Southern's Bible Work Club, a student-organized club committed to proclaiming the Three Angels' Messages through Bible studies.

The Bible Work Club began in the winter semester of 2005 as a dream to create an atmosphere similar to those found in Adventist-laymen's Services and Industries (ASI), Youth for Jesus, and Mission College of Evangelism. Since then, the Bible Work Club has been a medium through which more than 100

All Marianela Osorio, a master's degree student studying health care administration, wanted was to help Andrew get to know Jesus better. During the Winter semester of 2006, their personal Bible study grew until it was a small-group

Southern students have been trained and encouraged to do Bible work in the community and with their fellow students.

At the beginning of the fall semester, more than 50 students spent a Sabbath afternoon going door-to-door in downtown Chattanooga soliciting interest in Bible studies and asking how they could help the community.

The outreach resulted in 36 people expressing an interest in group Bible studies and an additional 40 marked a survey indicating that they wanted in-home Bible studies, says Thomson Paris, Bible Work Club president and senior biology major from Florida.

"Leading others to Christ is so much fun," he says. "It is so addicting."

"It is a privilege to work for the Lord," Marianela says in her testimony. "Sometimes you may get discouraged, like I did at one time when my candidate rejected baptism. But remember that it is not our work; it is the Holy Spirit who impresses the hearts and the minds of people. Today [my candidate] told me he just could not wait any longer to get baptized. See, God's timing is always perfect."



Calendar of Events

February

- 1 "Right From the Start"
- 3 Cave Open, BCU Night
- 4 Student Association (SA) Superbowl Party
- 5 College Bowl, European Folk Songs: Maria Krupoves
- 7 Honors Music Festival
- 8 Encounters, Rees Series, Feb. 8-10
- 9 SA Senate Something Hot to Drink Day
- 11 SA Valentine's Banquet
- 16 Parents Weekend Begins, Vespers
- 17 Pops Concert
- 18 Parents Brunch, Symphony Orchestra Concert
- 19 PreView Southern
- 23 SA Senate Something Hot to Drink Day
- 24 Warren Miller Ski Movie
- 26 Midterm Exams Week
- 27 Organ: August Humer

March

- 2 Spring Break Begins
- 12 Classes Resume
- 14 SA Senate
- 15 PreView Southern
- 16 SA Senate Sweet Tooth Day
- 17 SA Talent Show
- 18 Week of Languages Festival,
3-Person Volleyball Tournament
- 21 Wind Symphony Tour Begins,
The Story of a Fisherman and a Teacher
- 24 Asian Night
- 26 Fall Registration Begins
- 28 SA Senate
- 30 Student Missions/Task Force Retreat
- 31 Gym-Masters Home Show

Graduation Weekend

Date	Event	Location	Time
Friday, May 4	Senior Breakfast	Church Fellowship Hall	8 a.m.
	Graduation Practice	Iles Physical Education, Health and Wellness Center	9 a.m.
	Social Work Pinning	Collegedale Spanish Seventh-day Adventist Church	5:30 p.m.
	Senior Consecration	Iles Physical Education, Health and Wellness Center	8 p.m.
Sabbath, May 5	Graduation Sabbath School	Iles Physical Education, Health and Wellness Center	9:45 a.m.
	Baccalaureate Sabbath Services	Iles Physical Education, Health and Wellness Center	11:30 a.m.
	School of Education/Psychology Dedication	Collegedale Seventh-day Adventist Church	4 p.m.
	School of Nursing Dedication	Collegedale Seventh-day Adventist Church	7 p.m.
Sunday, May 6	Commencement	Memorial Auditorium, Chattanooga	9:30 a.m.

Favorite Quote

"No one is useless in this world who lightens the burden of it for anyone else."

By Charles Dickens

~Lorraine Reversion, sophomore nursing major from Tennessee

Final Exam Schedule

Exam Time	Sunday April 29	Monday April 30	Tuesday May 1	Wednesday May 2
8 a.m. to 9:50 a.m.		8 a.m. MWF 8 a.m. MTWThF	8 a.m. T Th 8 a.m. T Th	9 a.m. MWF 9 a.m. T Th
10 a.m. to 11:50 a.m.		10 a.m. MWF	10 a.m. MWF	11 a.m. MWF
12 p.m. to 1:50 p.m.	12 p.m. T Th 12:30 p.m. T Th	11 a.m. Tu	12 p.m. MWF	1 p.m. MWF 1 p.m. MTWThF
2 p.m. to 3:50 p.m.	English Composition	2 p.m. MW 2 p.m. MWF	2 p.m. T Th 2:30 p.m. T Th	3 p.m. MWF 3:30 p.m. MW 4 p.m. M
4 p.m. to 5:50 p.m.		Speech	3 p.m. T Th 3:30 p.m. T Th	4 p.m. T Th 5 p.m. T Th 5 p.m. MW

Exams for classes that meet after 6 p.m. will be given at the regular class time during test week. It is important that students be present for their final exams. Students with circumstances that might prevent their attendance are encouraged to arrange an earlier testing date with their professors. Rescheduling a midterm or final exam costs \$65 per class.



Island Wonderland

A salty breeze turned the tree branches into angry switches. Palm Fronds slapped against each other, clapping out their annoyance. An armadillo pushed through the undergrowth like a miniature battle tank, searching for some tidbit to satisfy his hunger.

I shifted the heavy backpack to a more comfortable position and focused on putting one foot in front of the other. I was backpacking on the Cumberland Island National Seashore. We had planned to hike 11 miles to the campsite before stopping, and I could already feel the drain of the seven miles we had covered. The 55-pound backpack felt more like 100.

A hammering beat broke through my thoughts of long miles and heavy burdens. Lifting my head I saw three wild horses appear from a fold in the land and rush off, their hooves thumping out the song of their flight. A short distance away, they stopped and looked back at us, ears pricked, curious eyes fastened on the strange wanderers. These horses had never known a saddle; they were free to roam the lonely island and

do as they pleased.

The path stretched before us, a seemingly endless brown carpet beneath our feet. An osprey screeched into the wind, declaring its dominance of the sky. Oak trees, bent by the ruthless wind, resorted to crawling along the ground instead of standing tall like their inland counterparts.

Suddenly, we emerged into the “intermediated zone” between land and beach, where the large trees had given ground to shifting sand dunes. Gnarly shrubs clung to the backs of white, gritty giants that resembled the waves of a dead ocean.

The miles slowly retreated behind us until, finally, we stumbled into camp, exhausted from the day’s journey. I suddenly felt light as a feather as I dropped the backpack to the hard ground. The salty water lapped comfortably at the shore, reminding me that the long hike had been worth this peaceful bliss, away from the structures and inventions of man.

The backpacking trip reminded me of the Christian walk. So many times we carry these heavy burdens around on our shoulders. We worry about friends, family, and our own lives. Wouldn’t this year be so much more enjoyable if we let God handle the worrying?

The Bible assures us that he is capable of handling them.

“Cast your burden on the LORD, And He shall sustain you,”
Psalm 55:22 (NKJV).

Too often, we nearly miss so many awesome things that God has placed in our pathway because we are carrying the burden that we should give to Him.

~Michael Brannaka, sophomore management major from Florida

Contact Us: We want to know what you think! If you have any comments, questions, or suggestions, please send them to Rebekah Bissell, editor, at rbissell@southern.edu or call 423.236.2021.

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