

Power for Mind & Soul

Panorama

Southern Adventist University's Parent Newsletter | October 2007



Transcending the Mold

"He guides the humble in what is right and teaches them His way."

Psalm 25:9 (NIV)

The inevitable has finally happened. Your child has become an adult. Whether the realization dawns during freshman year at college or at graduation after 2-6 years of higher education, life can never be the same for you or your child.

When your child was young, you had a clearly defined role in his or her life. You were "Mommy" or "Daddy," bandage supplier, boo-boo kisser, piggy-back ride giver, and an authority that your child was taught to obey. Now that your child is grown, your role as a parent has shifted, leaving questions and gaps that can sometimes create discomfort and confusion on both sides.

So what should your new role be? Well, you're still a parent and always will be, but you also have the potential to become a mentor and a friend.

Now that your relationship with your student is in transition, you have an opportunity to move intentionally toward a mature relationship that transcends the traditional parent-child mold.

It is easy to be the problem solver for your student, but it is more effective to function as a mentor. Merriam-Webster's

Online Dictionary defines "mentor" as a trusted counselor or guide. A problem solver may end up being a nuisance, but a mentor always holds a very important place in the heart.

However, no healthy relationship consists of only giving or receiving advice. It is important for you, as a parent, to create ways to share time and experiences with your student when you can both relax and enjoy each other's company. As you spend time together in new activities and new places, the memories you create will solidify your relationship with your student and deepen it beyond the parent-child bond.

Finally, be a friend to your student. Is your son or daughter able to call you and share joys and heartaches, hopes and disappointments and receive a loving, non-directive response? If not, try softening your approach, and see if your student will approach you more often.

Most importantly, whatever the situation may be, strive to always remind your student that God is the ultimate parent, mentor, and friend and that no matter what advice or friendship you share, He is the source of it all.

~Rebekah Bissell, editor

Source: Letting Them Go, by Dave Veerman, ©2006





THE PRESIDENT

How do professors combine faith and learning in all classes?

It's obviously much easier to combine faith and learning in a course that has significant spiritual implications, such as those dealing with religion or philosophy. In a math course, for instance, combining faith with math does not mean that you add two angels plus two angels to equal four angels. In reality, it's the personal faith presence of the faculty member that makes the transformational difference. And that simply means that in informal relationships with students in the class, there is an obvious connection with the spiritual part of life on the side of the faculty member. It may include having a prayer or sometimes worship at the beginning of class. It may be in answering a question from a faith perspective, but it's mostly about the character of the faculty member.

Outside of the classroom, how are the faculty and staff preparing students to function as witnesses in the "real world"?

Witnessing is more about life than communicating data. Studies have indicated that when there is faculty-student interaction outside of the classroom, it has more impact on the student's faith development than some of the activities that actually happen in class. We encourage a lot of outside-the-classroom contact between faculty and students. And again, it is in the informal way that faculty members portray their faith to the students—those mentor relationships—that helps the students get a grasp on their own faith development.

Editor: Rebekah Bissell
Assistant Editor: Melissa Maracle
Advisory Panel: Vinita Sauder, chair

Kari Shultz Ruthie Gray Marc Grundy

Photographers: Matt Herzel Isaac James

Southern's School of Visual Art and Design

After nearly three years of writing, filming, editing, and seeking distributors, the film Secret of the Cave was released to the general public on September 4.

The movie is a feature-length film created and produced by Southern's School of Visual Art and Design, filmed on location in Ireland during the summer of 2005. The film, based on a book written by Arthur Maxwell, received a Crystal Heart Award during the Heartland Film Festival in October 2006. Secret of the Cave is now available for purchase at the Adventist Book Center and for rent at most video stores. For more information about Secret of the Cave, visit www.secretofthecave.com.

Besides Secret of the Cave, students created a short film entitled The Parable of the Lost Sheep, a four-minute story told with colorful, lifelike animation that took 64 weeks to produce.

More than films made their debut this fall. Over the summer, classrooms were divided to create an extra room and a spillover computer lab. Another addition to the department is a gallery and lobby created to showcase the work of students, faculty, and guest artists. Two new faculty, Giselle Hasel and Clint Ratliff, were hired for the 2007-2008 academic year. Hasel teaches art history, and Ratliff teaches sculpture.

"This year enrollment is up," says John Williams, dean of the School of Visual Art and Design. "Every class is getting better, and we continue to raise standards and expectations right from the start."

~Erika Gemmell, senior mass communication major from Maryland

Scenes from the animated short film "The Parable of the Lost Sheep," created by approximately 13 animation students.





Did You Know?

What Your Student Eats

Southern has four places where students can quiet their rumbling stomachs. Those on the \$1,000 per semester food plan may spend up to \$200 at the Village Market, the on-campus grocery store and deli that serves hot lunches, sandwiches, spreads, soups, and salads. The rest of the food-plan money can be used at K.R.'s Place, the Campus Kitchen, and the Dining Hall.

K.R.'s is a café-style eatery in the Student Center.

"I like it because of the atmosphere and the food, as well as the slushies," says Katelyn Stearns, a freshman architectural drafting major from Georgia. Stearns' favorite menu item is the "Besst Wrap," a rolled tortilla stuffed with lettuce, tomato, Griller strips, melted provolone, and ranch cream cheese.

The Campus Kitchen, known for its breakfast burritos, is a popular place for mid-Sunday-morning breakfasts but also serves lunch and dinner during the week. And finally, the Dining Hall provides a variety of daily meals along with sandwich and salad bars. Vegan options are available at every eatery on campus.

~Britni Brannon, senior print journalism major from Georgia

\$24 for 24

Enrollment Services recently added another promise to its fast-service guarantee. If your e-mail to anyone in Admissions or Student Finance does not receive a response within 24 business hours, you'll get 24 dollars credited to your student's account—which is why they call it "\$24 for 24."

So far, only two "late fees" have been paid out, says Marc Grundy, associate vice president for Marketing and Enrollment Services.

"We want our students and parents to know that they are our number one priority at all times," Grundy says. "We want them to know that we value their time and we feel that they deserve to be helped quickly."

Enrollment Services will also give you a dollar if you catch an employee saying, "can't"—they've removed the word from their vocabulary. And if you wait longer than 15 minutes to be helped (during non-registration times), you'll get a gift certificate that you can use at a variety of local restaurants, including Domino's, Sonic, Arby's, and Burger King.

~Lindsey Gaspard, senior mass communication major from New Hampshire

Prepared for Emergencies

In August 2007, Southern approved a new Crisis Management Plan, which details specific roles for administration, faculty, and staff in the unlikely event of a crisis. The plan is the result of two years of research and hard work, and is just one more way Southern works to keep the campus safe. In coming months, Kevin Penrod, director of Campus Safety and the Emergency Operations Center director, plans to begin table-top drills, which involves running through emergency scenarios. In the next year, Penrod also hopes to coordinate a physical, on-site emergency drill.

"We can't just say, 'Well, we live in Happy Valley. That won't happen here," says Penrod, who formerly coordinated crisis management at Andrews University. "We are prepared, and we are going to continue to be prepared."



Parent-To-Parent Tips



Part of the Parker family: son Jason, on left, mom Pamela, center, and daughter Amanda, right.

Knowing that someone believes in you

can make the difference between

success and failure.

Cheering For Your Children

I come from a long line of cheerleaders. No, I was not one of those popular pompom-toting high-school girls with all of the dates. What I mean is that I have a cause—my offspring—and I am cheering my lungs out.

I remember a box of fudge that I received from my paternal grandmother when I was at Southern my first year. Yes, I admit being homesick and scared. That box of fudge provided a conversation-starter and friend-maker as well as some much-needed chocolate comfort.

When I got to the bottom of the fudge box, under the piece of wax paper, there was a \$10 bill. Now that doesn't seem like much today, but a "few" years ago when I was at Southern, it went further. The support I received from my cheerleader grandmother filled me physically, emotionally, and financially,

and went a long way.

I remember another instance, when I was going through a hard time emotionally due to a serious illness my father had, my cheerleader mother sent

me some handwritten promises from the Bible to read daily. Knowing that someone believes in you can make the difference between success and failure.

I believe that the parable of the lazy servant who did not invest his master's assets applies to parents as well. We have been given an amazing opportunity to invest in our child's present and future. It is never too late to begin cheerleading. Let's take every opportunity to support and lift up the children that God has entrusted to us.

~Pamela Parker, mother of Amanda, junior biology major, and Jason Parker, senior English and history major, from North Carolina

Trust God in Every Challenge, For Any Need

When the oldest of our four children reached her academy graduation date and soon afterward packed up for Andrews University, it was quite an event and a new challenge. Just to realize that we had reached that new stage in our lives was daunting.

The following year our older son left for Union College, and two years later our younger daughter started her freshman year at Southern, with our younger son still in academy, soon to go to college, too! With four children scattered across the country, we truly couldn't imagine how we would manage the financial responsibilities, let alone the emotional strain of three in college and one in academy in the same year.

Now our three older children have graduated, are married, and have blessed us with eight grandchildren. Our younger son is still working on his education.

As we look back now on that time, we still wonder with amazement at how trusting 100 percent in God to provide everything that was needed gave us both peace of mind and peace of heart. We worked hard, but our children also worked hard as they took responsibility for their education.

As we moved forward in faith, God certainly did supply all that we and our children needed. It was truly an adventure in faith that now gives us courage for the present and hope for the future.

~Carlos and Nancy Pardeiro, parents of Southern graduate Emily Dunkel and former Southern student Ryan Pardeiro, from Arkansas

Favorite Bible Text

"He who did not spare His own Son, but gave Him up for us all—how will He not also, along with Him, graciously give us all things?"

Romans 8:32 (NIV)

~Submitted by Daniel Ospina, freshman nursing major from Colombia



CHRIS HANSEN: CHALLENGING STUDENTS

Physics Department Chair Chris Hansen, Ph.D., loves to open students' minds to new ideas.

"I want to point students in the direction of things they might not have thought of before," he says.

A native of Missouri, he enjoyed mathematical word problems as a boy. As he grew, his interest in math was encouraged at school.

"I loved school, and I had some great teachers," he says. Hansen graduated from Southern in 1989 and received his doctorate in physics from Colorado State University in 1995. Much of Hansen's work has been in research, often using lasers. At Los Alamos National Laboratory, he studied how to directly count atoms of radioactive isotopes using lasers. He also worked at Argonne National Laboratory using lasers to detect trace elements on surfaces. Even though Hansen loved research, when a position opened up at Southern 11 years ago, he didn't hesitate to take it.



"I kind of always wanted to teach," says Hansen. "I enjoyed that process of trying to explain things to other people."

Some students are intimidated by physics, but Hansen says he understands. Although he enjoyed math, he struggled in college with physics classes. But Hansen views that as a good thing.

"It helps me relate to students," he says. "I'm more aware of some of the pitfalls students fall into that I can help them avoid." Hansen teaches many classes at Southern including earth science, modern physics, quantum physics, scientific writing, and undergraduate research. He tries to begin each class with a prayer or a thought-provoking devotional.

~Melissa Maracle, assistant editor and junior print journalism major from North Carolina

Safety at Southern

When your children were small, you held their hands to keep them safe while walking across the street. Now, your students are grown and far away, but you still want them to be safe.

While Southern is not located in a high-crime area, Southern's Campus Safety aims to maintain a safe environment for students to live and work in. Campus Safety actively works to keep students safe in a variety of ways, including securing doors and windows, responding to calls and alarms, patrolling, and tracking down harassing phone calls.

"It's just a matter of keeping on top of things and keeping people safe," says patrol officer Trenton Schwarzer.

Campus Safety is also dedicated to educating students about their own personal safety. This includes giving worship talks in the residence halls.

David Houtchens, fire systems manager, spoke at the worships this September.

"We want to tell [students] we are here to protect the people and property of Southern," he says.

Campus Safety officers teach students about fire safety as

well as common-sense, preventative measures such as monitoring personal belongings and documenting serial numbers on electronics so that lost or stolen equipment can be found.

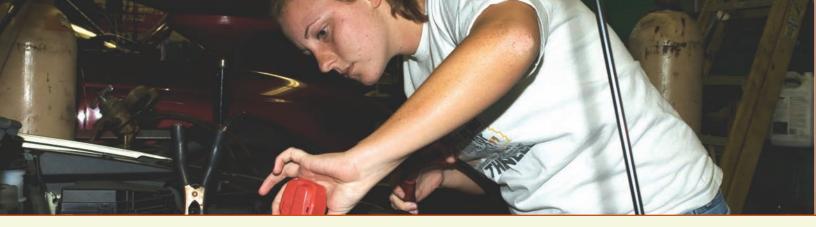
"We advise preventive precautions for both on and off campus," says Kevin Penrod, director of Campus Safety. "Be aware of your surroundings, don't be isolated, do not walk or jog alone in the early morning or after dark, park your car in well-lit areas, and always lock your vehicle—these are tried and true practices that we hope students learn to adopt as personal safety standards."

Kimberly Jepson, sophomore nursing major from Oregon, says that safety is no problem.

"I feel safe," she says. "Everyone is nice, no one seems violent, and the doors lock behind us. It just seems like a safe environment."

Houtchens encourages parents and students to get together and examine the handbook so students know the safety rules for the campus before coming to school. In addition to the information found in the handbook, many other good safety practices are available online at Campus Safety's website: campussafety.southern.edu.

~Melissa Maracle, assistant editor and junior print journalism major from North Carolina



Katherine Brownlow, senior journalism major from Florida, works on her vehicle during an auto-maintenance lab.

Southern's Technology Club

When Ray Carson, professor of technology, became involved with the fledgling Technology Club last year, he had goals and a vision.

"My goals are to get students involved in community service and mission efforts for the benefit of others," he says. "Of course, the students themselves

also benefit tremendously from the mission activities."

The Technology Club is one of Southern's youngest groups. Formed in 2006, it has a membership of about 12 students.

"We are trying to make our club a big part of Southern and the community," says Brad Smith, junior architectural drafting major from Tennessee, former club president, and current member. "It is going to be hard work and will take a few years to get going, but our department is growing."

Events they sponsored or hosted last year include two convocations with special guest speakers, a service day where the club assisted an elderly lady by raking leaves in her yard, and a free Car Care Day, which the club plans to hold again this year.

"We had dozens of people show up for Car Care Day," says Brad. "Even though the weather was cold and wet...many automotive students and the Technology Club members got together and used their skills to help the community."

The event began around noon in the Samaritan Center parking lot. All afternoon students inspected cars, checking oil levels, tire wear, fan belts, transmission fluid levels, lights, fluid leaks, battery condition, tire pressure, brakes, check-engine lights, and many other general maintenance issues. Carson estimates that the club saw approximately 40 people and their vehicles in that one afternoon.

"The club is really trying to work in community service as a big part," says Brad. "But not just any type of service—service that is more based on what the Technology Department is about—such as repairing minor house problems or fixing a car."

Plans for the upcoming year include another Car Care Day, a camping trip, and an assortment of fund-raising events that will help make possible a mission trip in the spring.

~Rebekah Bissell, editor

Southern Scholars Honors Program

Southern Adventist University's honors program is for students who want more out of their education.

"Some schools honor football players," says David Ekkens, Ph.D., professor of biology and member of the Southern Scholars faculty committee. "We want to honor students who study and get good grades."

Southern Scholars is not for the faint of heart. In addition to the regular course load, students in Southern Scholars take a wide range of classes, including courses in religion, literature, art, math, science, language, and an honors seminar. Students in Southern Scholars must keep a GPA of at least 3.5. Last year, there were about 75 students in the program.

"It's not something you just decide to do off the top of your head," says Ekkens. "You have to be willing to work."

Despite the rigor, the benefits are numerous. Students

become part of a group of peers who strive to learn and be challenged. They are also involved in social events like book club meetings, vesper programs, and Christmas projects.

In addition, students benefit financially. After a year in the program, they can audit one class every semester for free. Juniors and seniors, in their second year in the program, can receive a tuition scholarship equal to the cost of one class per semester. The honors seminars are also free.

For students, the program is an opportunity to tackle challenges, widen viewpoints, and learn lessons that will last a lifetime.

"It's pushed me in more areas than my major," says Shaunda Helm, senior history and international studies major from Georgia. "It's broadened my knowledge and experience."

Ekkens says that the benefits far outweigh any costs.

"You feel like you belong to something that's special," he says, "and you get some neat experiences along the way." ~Melissa Maracle, assistant editor and junior print journalism major from North Carolina

Calendar of Events

Ca	Calcillat of DV CITCO				
	2	Residence Halls Joint Worship, Florence Oliver Anderson Nursing Sem.			
	3	Student Association (SA) Senate, "Right From the Start" Seminars (Oct. 3-4)			
	4	Club/Dept. Presidents Orientation, Kenny Carnes Drama			
	6	Cave Open, All-Night Softball			
	7	Triathlon, Symphony Orchestra Concert			
	8	InTents Meetings (Oct. 8-12)			
	11	PreviewSouthern 101 (Oct. 11-12), Club/Dept. Treasurers Orientation			
	13	Men's Club Bowling Night			
	14	Wind Symphony Concert			
October	15	Inca Son Andes Culture Presentation			
乌	17	Symphony Orchestra Tour (Oct. 17-21)			
õ	18	Midterm Break (Oct. 18-21)			
	23	Residence Halls Joint Worship, Organ Concert			
	25	Alumni Homecoming Begins, SA Supper, Alumni Banquet			
	26	Alumni Vespers			
	27	Alumni Program Evensong			
	28	Benefactors Brunch,			
		SA Fall Festival			
	29	Student Missions Emphasis Week Begins			

1	Wind Symphony Tour (Nov. 1-3)
3	Cave Open, Student Missions Expo
5	Online Winter Registration Begins,
	SA Senate Spirit Week Begins,
	Wellness Week Begins
6	Dean's Luncheon.
	Residence Halls Joint Worship
8	Modern Languages Film Series
9	SA Senate Pancake Breakfast,
	Encounters Vespers
10	Encounters Church Service,
	Extreme Dodgeball
11	Symphony Orchestra Concert
13	Residence Halls Joint Worship
15	PreviewSouthern 102 (Nov. 15-16)
16	I Cantori Tour Begins (Nov. 16-18)
17	3 on 3 Basketball Tournament,
	Social Work NY Study Tour Begins
18	Cowboy Jubilee Live Production
19	Bernard Woma Trio
21	Thanksgiving Break
	(Nov. 21-25)
25	Concerto Competition
26	Chaplain's Cookie Contest Begins
27	Christmas on the Promenade
28	Chaplain's Cookie Contest Ends

Favorite Quote

"When a true genius appears in the world you may know him by this sign; that the dunces are all in confederacy against him."

November

~Jonathan Swift (1667-1745)

Submitted by Nathan Plank, freshman English and history major from Michigan

FINAL EXAM SCHEDULE

	Exam Time	Sunday December 16	Monday December 17	Tuesday December 18	Wednesday December 19
	8 a.m. to 9:50 a.m.		9 a.m. MWF 9 a.m. T Th	8 a.m. MWF 8 a.m. MTWThF	8 a.m. T Th 8:30 a.m. T Th
	10 a.m. to 11:50 a.m.		11 a.m. MWF	10 a.m. MWF	9:30 a.m. T Th 10 a.m. T Th
	12 p.m. to 1:50 p.m.	12 p.m. T Th 12:30 p.m. T Th	1 p.m. MWF 1 p.m. MTWThF	11 a.m. Tu	12 p.m. MWF
	2 p.m. to 3:50 p.m.	English Composition	3 p.m. MWF 3:30 p.m. MW 4 p.m. M	2 p.m. MW 2 p.m. MWF	2 p.m. T Th 2:30 p.m. T Th
	4 p.m. to 5:50 p.m.		4 p.m. T Th 5 p.m. T Th 5 p.m. MW	Speech	3 p.m. T Th 3:30 T Th

Exams in classes that meet after 6 p.m. will be given at the regular class time during test week. It is important that students be present for their final exam. Students with circumstances that might prevent their attendance are encouraged to arrange an earlier testing date with their professor. Rescheduling a midterm or final exam is \$65 per class.



Invisible Impact

Tereza looked at me with wide, tear-filled eyes and exclaimed "I like you!" as she threw her arms around me.

I hugged her back and told her "I like you too, Tereza." I smiled as I realized I had made an impact on her life.

I taught English for 10 months as a student missionary in the Czech Republic last year. In a country where the vast majority of people, especially young people, are atheists, it was hard to feel like I was making any difference at all. I watched them learn English, but they never seemed interested in me or my beliefs. I sometimes wondered if there was any purpose in being there, thousands of miles from home.

At graduation, I saw my students for the last time. I congratulated them on their English. I wanted to tell them how much I cared for them and wanted them to see Jesus in me, but even at the end, they didn't seem to care. I said goodbye to them forever and walked away trying not to cry.

Tereza stopped me on my way out.

Tereza was not my student. I knew who she was; unmistake-

able, with long red hair and freckles dashed across her cheeks. I met her when she came to church after her teacher, another student missionary, invited her. I tried to interact with her there as much as possible, but since I didn't know her well, I didn't know what to do or say. The fact that I was impacting her never entered my mind.

Instead, I spent the year thinking I wasn't making a difference because I couldn't see it. But I was impacting people in other ways. With three little words, Tereza opened my eyes to the truth.

We all want to impact others in some way. As Christians, we pray that we are examples of Jesus. As parents, you hope to leave your children with life lessons. As people, we want others to remember us when we're gone. Yet sometimes the marks we leave seem invisible, and we wonder if we are making a difference at all.

But we are making a difference. Jesus tells us the impact we have when we live for Him.

"In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven," Matthew 5:16 (NIV).

God will bless your efforts to show Him to others, even if you can't see the effects.

~Melissa Maracle, assistant editor and junior print journalism major from North Carolina

Contact Us: We want to know what you think! If you have any comments, questions or suggestions, please call Rebekah Bissell or Melissa Maracle at 423.236.2582 or send an email to southernparents@southern.edu.

PO Box 370 Collegedale Tennessee 37315 Www.southern.edu

Car. Rt. Presort

Non-Profit Organization
U.S. POSTAGE
PERMIT NO. 7
Collegedale TN 37315

Southern Adventist University's Parent Newsletter | October 2007



