

# Lifestyle Medicine

## Post-Master's Certificate and DNP Specialist Certificate

*Satisfies eligibility requirements for one certification exam*



### Prerequisites

NURS 550	Advanced Pathophysiology	3
NURS 552	Advanced Pharmacology	3
NURS 555	Advanced Health Assessment	4

### Required Courses

NURS 502	Orientation to Graduate Nursing Studies	0
NURS 728	Introduction to Lifestyle Medicine	2
NURS 734	Health Coaching for Professionals	3
NURS 735	Lifestyle Strategies for Optimizing Psychosocial Health	2
NURS 738	Natural Adjuncts for Health and Healing	2
NURS 742	Exercise Modalities for Health-related Fitness	2
NURS 745	Nutritional Approaches to Disease Prevention, Mgmt. & Reversal*	2
NURS 746	Nutritional Approaches to Disease Prevention, Mgmt. & Reversal**	3
NURS 748	Lifestyle Management of Chronic Lifestyle-Related Disease	3
NURS 751	Practicum: Lifestyle Medicine	2
NURS 753	Practicum: Culinary Medicine*	1
NURS 755	ACLM Board Review*	2
NURS 687	Master's Nursing Program Finalization*	0
NURS 887	Graduate DNP Program Finalization**	0
RELT 545	God and Human Suffering	3
RELB 548	Jesus as Healer	3

### Post-Master's Certificate\*

<b>Post-Master's Certificate Total Hours</b>	<b>20</b>
<b>DNP Specialist Certificate Total Hours</b>	<b>21</b>