

# Lifestyle Medicine

## Post-Master's Certificate and DNP Specialist Certificate

Satisfies eligibility requirements for one certification exam



### Prerequisites

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NURS 550	Advanced Pathophysiology	3
NURS 552	Advanced Pharmacology	3
NURS 555	Advanced Health Assessment	4

### Required Courses

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NURS 502	Orientation to Graduate Nursing Studies	0	
NURS 728	Introduction to Lifestyle Medicine	2	
NURS 734	Health Coaching for Professionals	3	
NURS 735	Lifestyle Strategies for Optimizing Psychosocial Health	2	
NURS 738	Natural Adjuncts for Health and Healing	2	
NURS 742	Exercise Modalities for Health-related Fitness	2	
NURS 745	Nutritional Approaches to Disease Prevention, Mgmt. & Reversal*	2	
NURS 748	Lifestyle Management of Chronic Lifestyle-Related Disease	3	
NURS 751	Practicum: Lifestyle Medicine	2	
NURS 753	Practicum: Culinary Medicine*	1	
NURS 755	ACLM Board Review*	2	
OR	NURS 687	Master's Nursing Program Finalization*	0
	NURS 887	Graduate DNP Program Finalization**	0
OR	RELT 545	God and Human Suffering	3
	RELB 548	Jesus as Healer	3

**Post-Master's Certificate\***

**DNP Specialist Certificate\*\***

**Total Hours 22**