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## Explore the Item Record



Click on the title of the item of interest to access additional information, full-text options, and tools.

### Virtual Family Play Therapy: A Clinician's Guide to using Directed Family Play Therapy in Telemental Health.

Authors:	Smith, Tiffany <sup>1</sup> <a href="mailto:ttsmith@suu.edu">ttsmith@suu.edu</a> Norton, Aaron, M. <sup>1</sup> Marques, Lashita <sup>1</sup>	
Source:	Contemporary Family Therapy: An International Journal, Mar 2023, Vol. 45 Issue 1, p106-116, 11p, 1 Chart.	
Document Type:	Article	
Subject Terms:	<a href="#">*Family psychotherapy</a> <a href="#">*Occupational roles</a> <a href="#">*Telepsychiatry</a> <a href="#">*Creative ability</a> <a href="#">*Medical ethics</a> <a href="#">*Occupational adaptation</a> <a href="#">*Utilization of innovations</a> <a href="#">Marriage &amp; family therapists</a> <a href="#">Medical protocols</a> <a href="#">Play therapy</a>	
Author-Supplied Keywords:	<a href="#">Directed family play therapy</a> <a href="#">Telemental health</a> <a href="#">Telemental health training</a> <a href="#">Virtual family play therapy</a>	
Abstract:	The field of marriage and family therapy was founded by innovators and pioneers, taking the practice of individual psychotherapy and making it systemic. Due to the impact of COVID-19, we now need further advancement by systemic therapists for telemental health services. The purpose of this paper is to propose recommendations and guidelines for adapting directed family play therapy from the same physical location services to telemental health. The article discusses recommendations for assessment, therapy structure, therapist roles, session preparation, and how to use virtual tools to enhance treatment. Systemic play therapy in a virtual format can work well if therapists make appropriate adjustments and rely on their creativity, high regard for ethics, and innovation. [ABSTRACT FROM AUTHOR]	

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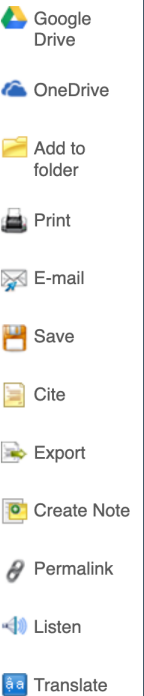


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