

Session 1: 8:00 am - 9:15 am

[Link to Zoom Room #1](#)

Dr. Lilly Tryon & Dr. Jill Buchholz, *Moderators*

NURS-475-B Poster Presentation:

Jacob Bongcayao & Kristi Wilson, *Perceptions of a Pandemic: Nursing Stress During the Covid-19 Era*

NURS-485 Poster Presentation:

Gayeon Shin & Haley MacDonald, *Relationship Between Nurse Interventions and Patient Sleep Quality*

NURS-694 MSN Capstone Oral Presentations:

Kristi Bussey, *Herbal Therapy for Management of Menopause Symptoms for Improved Quality of Life*

Hope Coe, *TAP Blocks and Decreasing Hospital Stay and Increasing Mobility*

Robert J. Evans, *Atrial Fibrillation and Heart Failure: Misery Loves Company*

[Link to Zoom Room #2](#)

Dr. Ronda Christman & Dr. Cindy Rima, *Moderators*

NURS-475-B Poster Presentation:

Jason Moore & Chad Nash, *Characteristics of an Exceptional Critical Care Nurse*

NURS-485 Poster Presentation:

David Nunley & Megan Buffington, *Alternative Approaches to Healthy Aging*

NURS-527-B Evidence-based Practice Oral Presentation:

Jennifer Phillips & Cameron Johnson, *Insulin and Heparin Infusion vs Plasmapheresis for Hypertriglyceridemia-Induced Acute Pancreatitis*

NURS-694 MSN Capstone Oral Presentations:

Melissa Hickman, *Negative Functional Outcomes Associated with an Attention-Deficit/Hyperactivity Diagnosis*

Annette M. Svendsen, *Social Media and Teen Suicide*

[Link to Zoom Room #3](#)

Dr. Beth Scott & Dr. Frances Johnson, *Moderators*

NURS-475-B Poster Presentation:

McKenzie Covrig & Juliana Camacho, *The Impact of Patient Satisfaction on Hospital Accreditation*

NURS-485 Poster Presentation:

Addison Garcia & Jonathan Gonzalez, *Marijuana and Mental Illness*

NURS-527-B Evidence-based Practice Oral Presentation:

Cicely Miller, *Effect of Intermittent Fasting on Insulin Resistance in Overweight and Obese African American Women*

NURS-694 MSN Capstone Oral Presentations:

Michael Henry, *Targeted Temperature Management in Sepsis*

Breck Lang, *The Role of Ascorbic Acid in Reducing Inflammation and Chronic Disease*

Session 1: 8:00 am - 9:15 am, continued

[Link to Zoom Room #4](#)

Dr. Kristina Hall & Dr. Linda Peoples, *Moderators*

NURS-475-B Poster Presentation:

Jaira Luna & Cesia Trevedan, *The Nursing Shortage Effect on Patient Care*

NURS-485 Poster Presentation:

Kaitlin Callahan & Janelle Osvold, *Pet Therapy and Anxiety in College Students*

NURS-527-A Evidence-based Practice Oral Presentation:

Wendy Hall, *The Effectiveness of Tranexamic Acid in the Treatment of Postpartum Hemorrhage*

NURS-694 MSN Capstone Oral Presentations:

Michelle Sotelo, *Effectiveness of Ketamine in Management of Sedation, Pain, and Delirium*

Zhenghao Zhang, *The Clinical Effectiveness of Adults Who Utilize Telehealth*

[Link to Zoom Room #5](#)

Dr. Andrew Richards & Dr. Judy Dedeker, *Moderators*

NURS-475-B Poster Presentation:

Cody Rogers & Angiel Loza, *Pediatric Obesity*

NURS-485 Poster Presentation:

Tatum Buchanan & Kaitlyn Beisiegel, *Premature Infants and Probiotics*

NURS-527-A Evidence-based Practice Oral Presentation:

Christie Tankersley, *Benefits of Digital Learning in the Adolescent*

NURS-694 MSN Capstone Oral Presentations:

Kristen Moon, *How Essential Oils Affect Sleep, Anxiety, and Stress*

Erica Strain, *Effectiveness of Completing a Nurse Residency Program on Transition to Practice for Graduate Nurses*

[Link to Zoom Room #6](#)

Dr. Jaclynn Huse & Dr. Holly Gadd, *Moderators*

NURS-475-B Poster Presentation:

Alejandra Loayza & Gaby Makowski, *The Benefits of Varying Pain Control Methods*

Kyra Church & Daedre-Ann Marsden, *The Utilization and Autonomy of Nurse Practitioners*

NURS-694 MSN Capstone Oral Presentations:

Carly Palmer, *Assessing the Effect of Aromatherapy on Fundamental Nursing Students with Cognitive Test Anxiety*

Kristen Slade, *Promoting Lifestyle Medicine as an Advanced Practice Nurse*

Josh Littell, *The Efficacy of Motivational Interviewing in the Hospital Setting*



BREAK 9:15 am - 9:30 am

Session 2: 9:30 am – 10:45 am

[Link to Zoom Room #1](#)

Dr. Lilly Tryon & Dr. Jill Buchholz, *Moderators*

NURS-475-A Research Presentation:

Kiley Green, McKenzie Gibby, & Keta Robinette, *Treatments and Therapies for Newly Diagnosed Postpartum Psychosis*

NURS-527-B Evidence-based Practice Oral Presentation:

Alisa Nater Torres & Elizabeth McDuffie, *Barriers to Mental Healthcare Among Immigrant Women*

NURS-694 MSN Capstone Oral Presentations:

Weaton Middleton, *Eliminating Dairy and Decreasing Melancholy*

NURS-475-A Research Presentation:

Lyndie Bredy & Ealeen Segura, *Impact of Diet and Physical Activity on Obesity Among Adolescents*

NURS-475-B Poster Presentation:

Emily Lopes & Jessica Huston, *Therapy Dogs Effects on Health*

[Link to Zoom Room #2](#)

Dr. Ronda Christman & Dr. Cindy Rima, *Moderators*

NURS-475-B Poster Presentation:

Dominik Werner & Aaron Smith, *Benefits of Exercise in Healthcare Workers*

NURS-527-B Evidence-based Practice Oral Presentation:

Roshney Puthankalam & Sungeun Kim, *Effectiveness of Telehealth Cognitive Behavioral Therapy vs Traditional Cognitive Behavioral Therapy for Somatic Symptom Disorder*

NURS-694 MSN Capstone Oral Presentations:

Erika Sosa, *Lifestyle Management of Hyperlipidemia in Hispanics*

Justin Arms, *Treatment of Depression with Ayahuasca*

NURS-475-A Research Presentation:

Karen Cruz, Xinlu Lin, & Kelly Quintiana, *Impact of Depression and Anxiety on Teenager Risk for Obesity*

NURS-485 Poster Presentation:

Courtney Taylor & Bethany Laws, *Growth and Development of Breastfed Versus Bottle-fed Infants*

[Link to Zoom Room #3](#)

Dr. Beth Scott & Dr. Frances Johnson, *Moderators*

NURS-475-B Poster Presentation:

Ammy Silvestre & Melani Echavarría Castro, *Comparison of Water Birth vs. Traditional Birth*

NURS-527-B Evidence-based Practice Oral Presentation:

Haley Long & Kaley Hayes, *Online Peer-to-Peer Support in Adolescent Non-Suicidal Self-Injury*

NURS-694 MSN Capstone Oral Presentations:

Morgan Brown, *The Benefits of Using Telepsychiatry in Emergency Departments*

Jennifer C. Durham, *Pediatric Disaster: Preparing for the Unthinkable*

NURS-475-A Research Presentation:

Kiana Guerrero, Jada Theodore, & Asha Nambi, *Contributing Factors to Medication Errors Amongst Healthcare Workers*

NURS-475-B Poster Presentation:

Kaely Arguita Lutz & Alexis Baumann, *Effects of Parenting Styles on Adolescents*

Session 2: 9:30 am - 10:45 am, continued

[Link to Zoom Room #4](#)

Dr. Kristina Hall & Dr. Linda Peoples, *Moderators*

NURS-475-B Poster Presentation:

Thomas Andrews & Luke Kendall, *The Evidence of Plant-Based Diets on Non-Communicable Disease Prevention*

NURS-527-A Evidence-based Practice Oral Presentation:

Breanna Urena, *Social Media, Non-Suicidal Self-Harm, & Suicide*

NURS-694 MSN Capstone Oral Presentations:

Sheri Ridge, *Palliative Care & Advanced Practice Nurses*

Josh Viar, *Micronutritional Deficiency and Its Association with Adolescent Type 1 Diabetes Mellitus*

NURS-475-A Research Presentation:

Caitrin Kramer & Madalyn Powers, *Exercise, Memory, and Brain Function Among Collegiate Students*

NURS-475-B Poster Presentation:

Kristine Sosa & Ruth-Anne Jean Louise, *Evidence of Racial Bias in Healthcare*

[Link to Zoom Room #5](#)

Dr. Andrew Richards & Dr. Judy Dedeker, *Moderators*

NURS-527-A Evidence-based Practice Oral Presentation:

Zary Vargas, *Effects of Exercise on Pain & Mobility in Patients with Ankylosing Spondylitis*

NURS-694 MSN Capstone Oral Presentations:

Brittany Prince, *Effects of Aromatherapy on Fundamental Nursing Students*

Brooklyn Hale, *Exclusive Breastfeeding Expectations and Issues*

NURS-475-A Research Presentations:

Nathan Martin & Jonathan Osvold, *COVID-19 Related Social Isolation on Undergraduate Student's Perceived Levels of Stress and Anxiety*

Jon Lao & Brandon Larsen, *The Impact of Discrimination on Patient Care*

[Link to Zoom Room #6](#)

Dr. Jaclynn Huse & Dr. Holly Gadd, *Moderators*

NURS-475-B Poster Presentation:

Maya Eyres & Sydney DaSilva, *Effect of Music on Infants in the Neonatal Intensive Care Unit*

NURS-694 MSN Capstone Oral Presentations:

John Lytle, *The Effects of Education and Decreasing Cardiovascular Disease*

Taylor Eldridge, *Tachyarrhythmia and Caffeine Consumption*

Sheri Buffington, *Milk Thistle Treatment in Liver Cirrhosis*

NURS-485 Poster Presentation:

Megan Willerson, Kim Clark, & Sarah Castleberg, *Effective Ways to Prevent MAE*



On behalf of the School of Nursing Research Committee, we want to thank you for attending the Spring 2021 Nursing Research Symposium. The symposium is held each semester to provide a forum for students to present their work and to encourage research excellence in students and faculty. We hope that you found the presentations informative and worthwhile.