

**Session 1: 10:00 am - 10:50 am**

**AHH 1111** Moderator and Evaluator: Dr. Beth Scott

Sydney Pak & Rachel Hutubessy – *Better Benefits, Fewer Exits: Reducing ER Nurse Turnover*

Nicollette Shyam & Christina Gibbs – *Running on Empty: The Impact of Sleep Deprivation on Health and Patient Care of Night-Shift Nurses*

Marissa Garlock & Riley Mayer – *The Effect of Patient Outcomes with a Higher Nurse-to-Patient Ratio*

Keeley Phillips & Lilyan Saliba – *Magnetic Forces in Nursing: Do Magnet Hospitals Have the Right Pull?*

**AHH 3111** Moderator and Evaluator: Dr. Andrew Richards

Lauren Van Zyl & Jenna Williams – *Impact of Early Abuse Detection on Adolescent Behavior*

Sydney MacLachlan & Lourdes Miner – *Tuning Out the Blues: Music Therapy for Hospital Minds*

Emma Kim & Jacqueline Sopandi – *Pawsitive Impact: How Therapy Dogs Improve Mood and Well-Being in Neurodivergent Individuals*

Mia Sabala & Leonel Dewe – *Designing for Dignity: Environmental Changes and Their Effects on Mental Health Recovery*

**AHH 3305** Moderator and Evaluator: Dr. Michael Jordan

Elena Petrie & Tyler Ritterskamp – *Catching Zzz's: Complementary and Alternative Treatments to Improve Sleep*

Isabelle Berez & Kristin Sobrepena – *Outcomes of Alcohol Interventions on College Campuses*

Trevor Samples, Ethan Stephens, & Remy Hutubessy – *Transforming Depression: How Lifestyle Changes Help College Students Thrive*

Tabitha Simbolon & Kristina Stojanovic – *Healing Through Habits: A Path to Mental Wellness in College*

*Thank you for attending!*

**Session 2: 11:00 am – 11:50 am**

**AHH 1111** Moderator and Evaluator: Dr. Beth Scott

Gabby Patrick & Ellie Shrode – *Baby's First Moments: Comparing Neonatal Outcomes Between OBGYN and CNM.*

Emelia Fiess & Liana Hillebert – *Reducing Gut Inflammation Through Diet: A Path to Symptom Relief from Endometriosis*

Makenna Lunde & Aspen Meadows – *Forgetting Dementia - The Role of Dietary Interventions in Reducing Dementia Risk*

Becca Kim & Kaylee Benedict – *Exploring the Harmful Effects of Opiates on Neonates*

**AHH 3111** Moderator and Evaluator: Dr. Andrew Richards

Leilani Darnell & Taylor Monday – *Lights, Noise, Action: Modifying Environments to Combat ICU Delirium*

Muang Gualnam & Felicia Ju – *Beyond the Bundle: Using AI to Prevent Ventilator-Associated Pneumonia in the ICU*

Naomy Fulgencio & Eimy Silvestre – *Small Patients, Big Protection: PEWS a Game Changer for Pediatric Safety*

Ana Korac & Somin Park – *Stopping Pressure Injuries Before They Start: Nursing Education for the Elderly*

**AHH 3305** Moderator and Evaluator: Dr. Michael Jordan

Josh Norris & Joseph Roberts - *Healthy Again! How to Regain Health from Type 2 Diabetes*

Braden Gang, Everett Kendall, & Nick Thompson – *The Heart of the Matter: How Diets Impact Cardiovascular Health*

Yuna Kim & Somee An – *Stronger, Healthier, Happier: Diabetes Education After 45*

Isadiel Matos & Katherine Chavez – *Lifestyle Habits and the Risk of Developing Diabetes in Young Adults.*

*Thank you for attending!*